

FOOT SCRUB TREATMENT

- **Soak feet 10 minutes in foot tub, plastic shoebox., or dishpan**
- **Dry with cloth or towel**
- **Apply quarter size amount of Body Scrub and use both hands to scrub feet all over**
- **Masssage & Exfoliate aying Extra attention to heels**
- **Rinse with warm water and towel dry**
- **Apply quarter size amount of lotion,**
- **Put on Socks if desired to help soften feet**
- **Sit back and Relax., You deserve it!!**

